

# Bach Flower Essence Therapy Course with Joseph Aldo, PhD

March 14-15, 2020 @Crystal Visions



## Clear Your Limiting Programs, Patterns and Beliefs

Flower Essences are energetic remedies and one of Mother Nature's many healing gifts to us. As our souls journey through this human experience, we encounter various challenges that require us to evolve beyond our limiting patterns, programs and beliefs. Flower essences assist us in a gentle and loving way to move beyond our limitations and step into our soul's greatness. Mental, emotional and spiritual issues can be transformed through the subtle powers imbued within flowers.

In this workshop we will explore the many aspects of flower essence therapy including:

- Dr. Edward Bach and the history of Flower Essences
  - understanding Bach's 38 remedies
- how to combine flower essences to make effective therapeutic remedies
  - working with chronic vs acute conditions
- the art of case taking and finding the key symptoms
  - working with intuition, and much more...
  - live case taking with class volunteers

*This course is for both lay people and healers who wish to add another powerful therapy to their practice.*

**WHEN: March 14-15, 2020, 10am – 6pm**

**WHERE: Crystal Visions 5426 Asheville Hwy, Hendersonville, NC**

**FEE: \$395 (early registration \$350 before 2/15) REGISTRATION: [jaldo@mindspring.com](mailto:jaldo@mindspring.com)**

JOSEPH ALDO is an intuitive holistic healer, spiritual mentor and holds a PhD in Natural Health. For over 20 years he has been working with energy medicine and Bach Flower Essences in private sessions and through transformational workshops. The focus of Joseph's work is the healing of mind, body and soul via the release of limiting programs, patterns and beliefs that lead to dis-ease. For more information visit: [www.josephaldo.com](http://www.josephaldo.com)